

Reports on Care Ministry (Parish Nurse, Addiction Awareness, Stephen Ministry, other Care Ministries)

CARE NEEDS SERVED BY PARISH NURSE

Making calls to those on the prayer concern list every 1-2 weeks to check on their status.

* Visit people and their families in their homes post surgery to check on their safety and their possible need for rehab equipment. Bring communion.

* Visit people and their families in rehab facilities post surgery and share communion. Follow up with them when they get home.

Visit people in the hospital if needed. Communion if able.

Spend time with people at end of life as needed. Read scripture. Communion if they are able.

Encourage and assist people to fill out their Health Care Directives.

* Be available Sunday mornings to talk with those who have concerns about physical and or mental health. Also be available for any medical issues that might occur.

Refer people to appropriate community resources as needed.

Groups:

- Mental Health support group
- Women's caregiver support group
- Blood Pressures once a month at TLC

Depending on the week I would see or talk to 20-30 people.

About 3-5 volunteers used for blood pressures on 1 Sunday a month.

Prepared By Pat McMullen, July 1, 2021

Addiction Awareness Team Report

The Addiction Awareness Team has been in existence for about 20 years and was first formed with the assistance of Sue Ann Glusenkamp, who was the parish nurse at that time. Sue Ann and Al Dungan saw a need for this ministry and the team first participated in the Faith Partners training about 18 years ago.

For the past few years, the team has been held together by Beth Rahn. We are grateful for her time and dedication. Despite the challenges of the past year, we completed another Faith Partners Training with several other churches around the United States that were in different stages of becoming a recovery supportive community. To give some perspective, our team appeared to be ahead of the curve.

We typically have 4-6 members attending our monthly meeting. We open with the serenity prayer, share a recovery supportive reading, have some discussion, and then move to the agenda. Lately, the agendas have included time to clarify our mission and church outreach opportunities. We believe in the power and support that we have as evidence by our group meeting regularly. We are ready to act upon opportunities to support when they arise. It is our mission to provide a safe environment for those seeking restoration and hope from addiction and co-dependency.

The active members of our team include:

- Chris Campo - - 631-988-0938 CampoMnNy@gmail.com
- Dave Dickson - 612-221-6082 dadickson11@gmail.com
- Al Dungan - 952-237-6037 aldungan@comcast.net
- Mary George - 952-297-2767 george340011@gmail.com
- Griffin Myslivecek - 612-481-1578 griffmysliv1@gmail.com
- Louise Olson - 952-831-1145 glolro@comcast.net
- Beth Rahn - 952-393-9817 brahnfamily@comcast.net
- Rick Zeidler - 952-703-0230

To learn more about this ministry, or if you or someone you care about is in need of support, please reach out to one of us.

Prepared by Griffin Myslivecek, July 2021

Stephen Ministry at TLC: Process, Status and Needs

Process

Stephen Ministry began at Transfiguration Lutheran Church in the Fall of 2018. Stephen Ministry is best defined as a lay person caring ministry – training and equipping congregational members to provide high-quality, one-to-one, confidential, Christ-centered care to people in the congregation experiencing life's difficulties.

Stephen Ministers go through an application/screening process and receive initial training of approximately 50+ hours over the course of 20 weeks. Once commissioned, they commit to 2 years of service and ongoing supervision and education. Supervisory meetings occur regularly. Stephen Ministers report in (maintaining the confidentiality and anonymity of their Care Receivers) and receive feedback and support.

Referrals come through the pastors or other avenues of TLC's care ministry. Potential Care Receivers are contacted by one of the Stephen Ministry Leaders before an assignment is made. The relationship consists of at least weekly meetings/phone calls and may last several months to over a year.

Status

Training began with 11 persons and 3 leaders. We currently have 6 active members and two Stephen Leaders. About 14 people have been served by this highly committed, faithful group. Stephen Ministers are able to truly accompany their Care Receivers on what may be a long journey. They act as an extension of pastoral presence because the Care Givers are trained in Christian caregiving and know God is the healer. Stephen Ministers are supervised, encouraged and uplifted in the work by one another.

Needs

1. Recruitment of a new class of Stephen Ministers. We hope to start a new class Fall 2021. Funds will be needed to purchase training materials for a new class.
2. Recruitment of an additional leader to share the work load.
3. Higher visibility within the congregation and support from the pastors to identify congregational members in need and to encourage participation.

Submitted by Bob Riley and Becky Woll. July 2021

Care Ministry

Prepared by Marilyn Erickson, July 8, 2021

Care Ministry consists of just exactly what the name implies. There are many ways care is given to members of Transfiguration. In fact, as I look around this room and think of the entire Transfiguration family, all of you could wear this name tag that I have on. We are all care ministers in our own way, whether it is shaking hands with a friend, giving a smile, giving a hug, calling someone. This list of caring goes on and on and makes this congregation a family. I have listed below some of the ways care is provided to many. (Please note: this is not intended to be a comprehensive list of all care ministries.)

- Prayer Team – Currently, there is a team of 47 on the that has been in existence for many years. Occasionally new members join the team. Requests for prayers to the prayer team are kept confidential.
- Prayer concerns are included in the bulletins and prayers of the people during Sunday morning service, as requested by members.
- Communion ministers – Communion ministers have been trained and commissioned to bring communion to homebound members who are ill or unable to attend church services any longer. Following, COVID this group needs to restart. There were 8-10 communion ministers prior to the pandemic.
- Care Mail Crafters (around 60 sent each month) – this is a group of young women who meet once a month to create beautiful cards prior to the pandemic. During COVID one person would create the cards in their homes. Then they were brought to TLC to be mailed out.
- Birthday cards are sent from staff to members who are 90+years – this ministry began several years ago.
- Notes of caring are signed by the pastors and sent to families on the first anniversary of the death of a loved one.
- Care Notes – these small pamphlets which address many of people's losses or care needs are available on bulletin boards in the Narthex for members to take.
- K3P3 – Currently, 27 knitters have been making shawls for approximately 20 years and gifting them to members and others over the years. They have been distributed by parish nurses, pastors, care minister, and others in the congregation. They have been given to friends and family members, they have been given to people in Peru, Canada, Luther Seminary, and other places unknown to us.
- Quilters show care by providing quilts to people they will never meet.
- Meals to Dunwiddie family once a week – the meals to the Dunwiddie's help Becky and Will who provide 24/7 care for two special needs daughters. The team has 10 members who provide meals.
- During the pandemic a calling chain was developed. Thirty members were given a list of 3-6 people to call on a regular basis.
- Funeral bulletins – I feel that this is a care ministry on my part. Many of the bulletins that I prepare are for members I have visited over the years.
- Bloomington-Richfield Grief Support Coalition (8 session per quarter) – Transfiguration is part of this coalition of 18 churches and on the rotation schedule.
- Every December prior to Christmas there is a Service of Remembrance and Healing. This is a beautiful and very meaningful service with invitations sent to all who have lost a loved one during the year. Anyone can attend and we find that some people come back year after year.
- A ministry to widows was started a few years ago title "Moving On" which meets about every other month (not during COVID) that provides care to all who attend.
- There are women and men's groups that meet to share feelings and concerns when they either have lost a loved one or have a partner who is experiencing dementia or other health issues.